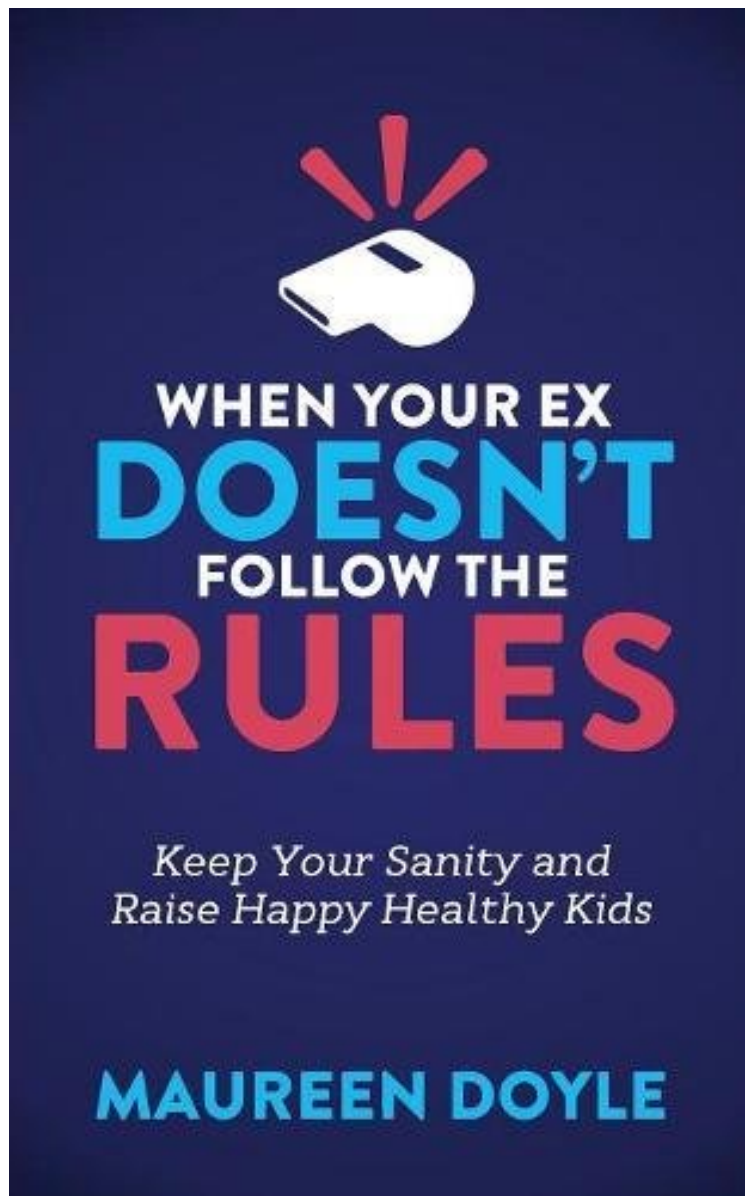


(Download free ebook) When Your Ex Doesn't Follow the Rules: Keep Your Sanity and Raise Happy Healthy Kids

When Your Ex Doesn't Follow the Rules: Keep Your Sanity and Raise Happy Healthy Kids

Maureen Doyle

*audiobook / *ebooks / Download PDF / ePub / DOC*



DOWNLOAD



+

READ ONLINE

#872216 in Books 2017-09-19Original language:EnglishPDF # 1 8.00 x .27 x 5.00l, #File Name: 1683503600114 pages | File size: 78.Mb

Maureen Doyle : When Your Ex Doesn't Follow the Rules: Keep Your Sanity and Raise Happy Healthy Kids before purchasing it in order to gauge whether or not it would be worth my time, and all praised When Your Ex Doesn't Follow the Rules: Keep Your Sanity and Raise Happy Healthy Kids:

0 of 0 people found the following review helpful. This is a quick read with lasting effects!By Shelley HaaseMost people envision their lives being married, having children and living happily ever after. Except, sometimes that bit about living happily ever after is no longer a reality. For many reasons, people divorce and are left with a new reality of being a single parent trying to co-parent their children. This works out fine for some, but what happens when your ex no longer plays by the rules? How are you and your children going to survive?Maureen Doyle has written a book from this unique perspective. She helps you see clarity, envision your future and make your dreams become a reality. She offers guidance for you this difficult situation that will allow you to stay in control of your life and be the best person you can be. This book made me conscious of the choices I have. It made me think about my situation in life and helped me envision where I want to be in my future. You do not need to be divorced or going through a divorce to fully appreciate this book. It is a quick read that will likely have a lasting effect. I would recommend this to anyone who has ever had difficulty in a relationship. It is well worth the read!1 of 1 people found the following review helpful. The path to a "Hell yes!" kind of life!By CustomerApplicable to not only those who have experienced the trauma and drama of divorce, but also for those who are simply trying to deal with difficult people or situations, When Your Ex Doesnt Follow the Rules is full of sage advice and actionable steps that make for a more fulfilling life and healthier relationships. This book provides a heaping dose of inspiration and hope for reconnecting to your authentic self after signing your divorce papers. By sharing healthy actions and positive habits from her own experience and her clients stories, Maureen provides a road map to wholeness for others to become the archeologist of your own mind and life. As Maureen says, You are the best expert in your life. So please, step up and take charge. Read this book. Take charge of your life. By doing so, and following the affirmative practices Maureen so compassionately shares, you will be on your path to a Hell yes! kind of life and will be leaving Hell no! to those negative energy drains that hold you back from being all you are meant to be for you . . . and your kids!1 of 1 people found the following review helpful. I could not have read this book at a better time! If you can't get along with someone ...By CustomerI could not have read this book at a better time! If you can't get along with someone while you're married, there is a good chance matters will only become more difficult after divorce. This book shows that you can't change a manipulative, abusive, narcissistic, argumentative person but you can change your response to those types of people in a way that will ultimately diffuse conflicts bring you peace. I highly recommend this read if you are struggling to communicate with rationalize with ANY irrational person...ex-spouse, co-worker, family member, or friend. You will come away with so many lessons tips to help you set boundaries with toxic people so that their behavior doesn't ultimately damage the quality of your life. Thank you, Maureen, for making this such an easy, relatable read for sharing your story!

End the Co-Parenting War. If you find co-parenting with your ex to be a constant struggle and it seems like he fights you every step of the way - sometimes just for sport, you are not alone. Are you worried that you cannot go on like this for the next 10-15 years and that your bank account will be empty from the legal costs? And are you concerned about your childrens mental and emotional health? In When Your Ex Doesnt Follow the Rules, Maureen Doyle combines client success stories with powerful coaching techniques that will change your post-divorce combat zone into a place of peace.

About the AuthorMaureen is a coach, author, teacher, and speaker, with proven expertise in the divorce recovery field. Combining straight talk, empathy and laughter, she helps her clients rebuild their lives after divorce and raise healthy, happy children. Maureen studied at The Martha Beck Institute and received her Bachelor of Science from DePaul University and her Master of Art in Teaching from Trevecca Nazarene University. She lives in Nashville and is successfully navigating her way through single life. Maureen is proud to have co-parented her two daughters who are thriving in their early 20s and enjoys traveling, reading, and checking out the newest restaurants with friends.