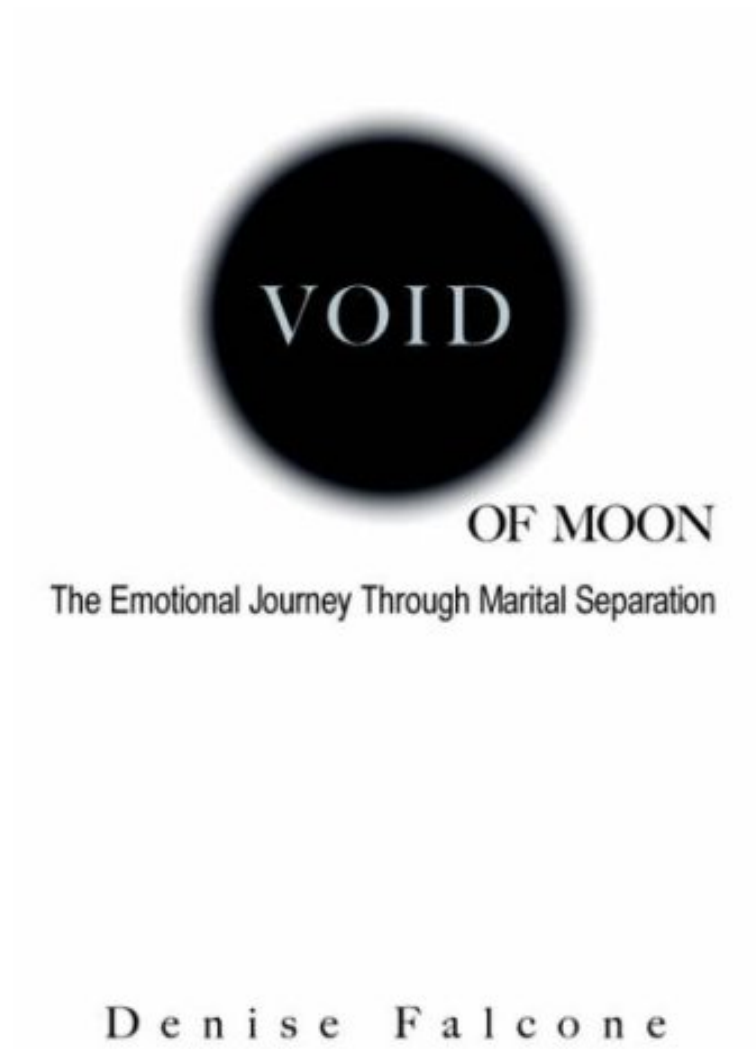


[Download ebook] Void of Moon, The Emotional Journey Through Marital Separation

Void of Moon, The Emotional Journey Through Marital Separation

Denise Falcone

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Denise Falcone : Void of Moon, The Emotional Journey Through Marital Separation before purchasing it in order to gage whether or not it would be worth my time, and all praised Void of Moon, The Emotional Journey Through Marital Separation:

0 of 0 people found the following review helpful. A personal and practical guideBy TPEVoid of Moon addresses the heathy way to process the range of intense emotions associated with marital or other separations. It is a helpful and practical guide written by someone who has clearly been there herself and can lead us over this difficult terrain.2 of 2

people found the following review helpful. Brilliant Chronicle of SeparationBy Beate R. SigriddaughterI was definitely hooked by p. 4 of the text: "I felt that I could not share anything with my husband except the things that he was interested in." An unwritten rule in our society is that the woman is responsible for the well-being of any relationship. When a relationship fails, the woman therefore usually bears the brunt of discomfort, despite the arsenal of injustices and justifiable anger she may have on her side.Void of Moon is a personal, important, brilliant chronicle of a the dissolution of a marriage (which equals the dissolution of an important dream) that will resonate with anyone who has ever had to separate from another human being for reasons of putting her own health, sanity or identity before the health of a relationship. There is a lot of wisdom on every page of this book, and finally also a lot of encouragement that the struggle for one's own sovereignty over one's life is worth it.I found the section on Confrontation especially insightful. "Whenever I would try to let go of my anger, I would feel like I wasn't doing my job." Or, "Anger is a strong drug. It intoxicates us and makes us feel important and visible." I hadn't seen it quite that way before.A scene from the book sticks in my mind. Daddy squats next to his young daughter, whispering clearly spiteful things about Mommy in her ears, both looking at Mommy across the room. To be able to live through this kind of shame and betrayal as Mommy, as woman, as person, and emerge from it radiant, serene, and strong, that is the quality that makes this book an encouraging companion for anyone having to leave any kind of abusive or exploitative relationship behind.1 of 1 people found the following review helpful. Simply AmazingBy Bonnie SultanDenise needs to be commended for writing such a brave and honest account of her ending marriage. This work takes the reader through the frightening and empowering maze of the human experience. The author illustrates that in relationships, and especially during their tumultuous endings, there is no good guy or bad guy. Throughout this book Denise gives a voice of fear and feminism at once, and takes the reader through her ups and downs while constantly reminding you that life is still happening around you. As the child of divorce, I found it astonishing and brilliant that Denise is able to keep the needs of her child in the forefront while her needs and emotions were scattered and raw. This book is beautifully written and honest in that Denise accepts responsibility for her actions as well as the responsibility to make her life what she wants it to be. It is rare to find a book in which the author puts it all on the line. And whether you have experienced a divorce or not in your life, this book is for you if you have ever had the sinking feeling in your chest that your relationship is not working. The book reminds us that our lives are ever changing and unsettled, but through change and readjustment comes happiness and self respect. Thank you Denise for putting this out there and for your bravery to paint yourself in all of life's colors.

Women in the process of marital separation need help. Women who are in this process, which can take several years, enter this uncertain and perplexing passage without an understanding of the many powerful and unexpected emotions that surge through them. Void of Moon guides women through these feelings so they can understand them, get beyond them, and reach their goal intact.

From the PublisherVoid of Moon, The Emotional Journey Through Marital Separation can also be a guide for women who want to stay in a marriage but want to separate into themselves. Void of Moon can help everyone who has separation issues, even men. Anyone with separation issues will benefit from the emotional insights in Void of Moon.From the Author"Experience has taught me that it is possible to move on from only reacting to these feelings, and eventually understand, thrive, and grow beyond them. You might be touched very deeply by the results, and quite possibly be changed forever, one way or another, but you will live the rest of your life as you."About the AuthorVoid of Moon, The Emotional Journey Through Marital Separation is based on the author, Denise Falcones, personal journey and the experiences of many women through this strange and unfamiliar time. Each chapter or stage in this process deals with a single emotion or an important effect that all women must work through before their journey is complete. The authors personal interpretations give voice to each emotion so women can listen and recognize the feeling as it resonates within them. Once a connection to a feeling is established, a woman is not as alone in this process as she thought she was. From there, she can accept her feeling, experience it, and hopefully move through it. We all have emotions and it is this focus on the emotions that gives this book a huge audience.