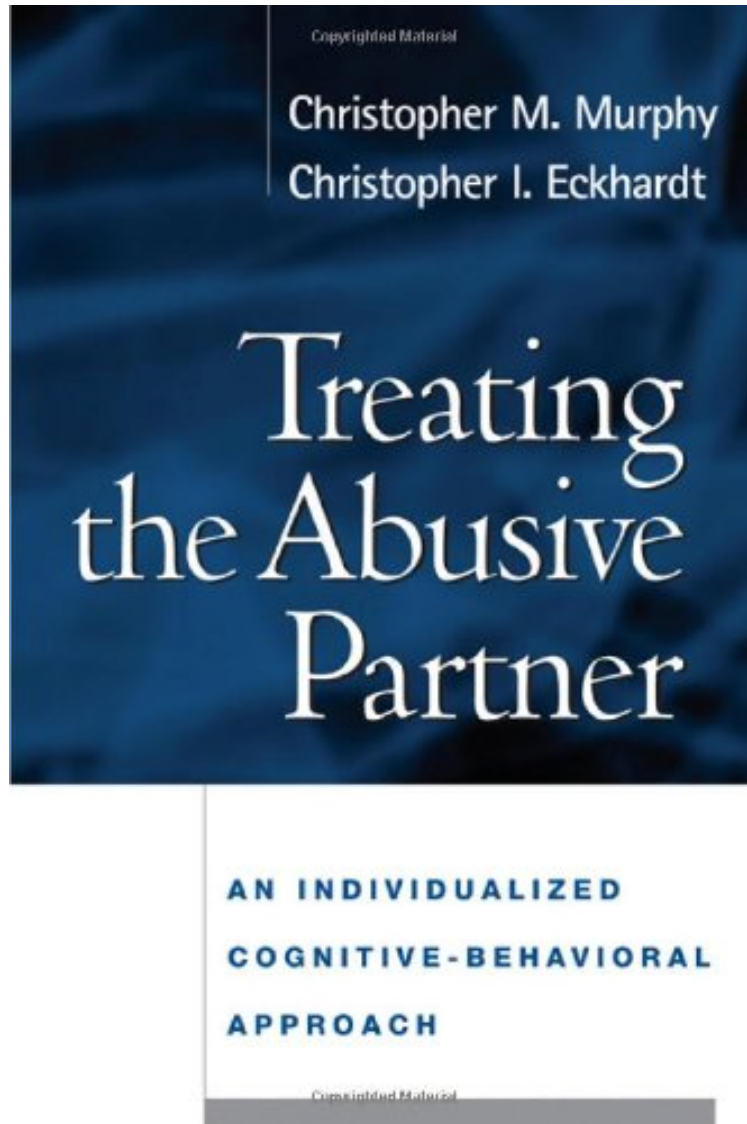


Treating the Abusive Partner: An Individualized Cognitive-Behavioral Approach

Christopher M. Murphy PhD, Christopher I. Eckhardt PhD
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0 of 0 people found the following review helpful. Four StarsBy CustomerVery informative!0 of 1 people found the following review helpful. Good for establishing guideline practiceBy Tim HallThis is a very practicle book that walks

you through from the beginning (intake) to the conclusion of the sessions. The author explains in terms a novice can understand. He also explains the rationale for why this methodology is good. I recommend this book to any who is leaning toward the Cognitive-Behavioral theory. I also used this book as the basis for a major paper. It was a tremendous help. 0 of 2 people found the following review helpful. Five Stars By jgallardo13 Great read

Intimate partner violence is notoriously difficult to treat, and this promising manual presents the first one-on-one cognitive-behavioral treatment approach for this highly challenging population. Provided are a straightforward rationale and clear guidelines for implementing the authors' flexible four-phase model, which is grounded in extensive research and clinical experience. Detailed case examples illustrate the complexities of conceptualizing individual cases and working with clients to enhance motivation for change, eliminate assaultive and threatening behaviors, alter abuse-maintaining schemas and beliefs, build relationship skills, and reduce relapse risks.

"To date, knowledge and understanding about effective treatments for domestic abuse perpetrators is limited. This book presents an empirically based approach for clinicians conducting individual treatment with this population. The authors have extensive experience working with abusive clients, and their 4-phase treatment model emphasizes the importance of individualized case formulation and the establishment of a collaborative working alliance. Throughout, the clinical examples provided are helpful in illustrating important concepts. This is an impressive book that will prove valuable to both mental health professionals and researchers in the field of domestic violence. The authors have crafted a significant work that will stimulate intervention studies as well as further clinical developments."--Cindy Miller-Perrin, PhD, Social Science Division, Pepperdine University "This book should be required reading for all clinicians working with intimate partner abusers. It is well documented and, importantly, it comes from two authors with considerable clinical and research experience in working with physically abusive men. The book challenges the usefulness of group treatment, citing the dangers of peer reinforcement and resistance to the therapy process, and noting the very meager evidence for the effectiveness of such approaches. As an alternative, it offers an individualized treatment approach that utilizes case formulation and various means to enhance motivation. An excellent guide."--K. Daniel O'Leary, PhD, Department of Psychology, Stony Brook University "Treating the Abusive Partner is a significant achievement, combining a comprehensive review of the research on domestic abusers with a clinically detailed, original, and effective treatment model. In emphasizing the many known differences among abusers and the importance of individually based treatment, the book offers something practical as well as intellectually stimulating for practitioners and academics alike. It is a unique and very readable contribution to the field of domestic violence."--B. J. Cling, PhD, JD, Department of Psychology, John Jay College of Criminal Justice and St. John's University, New York