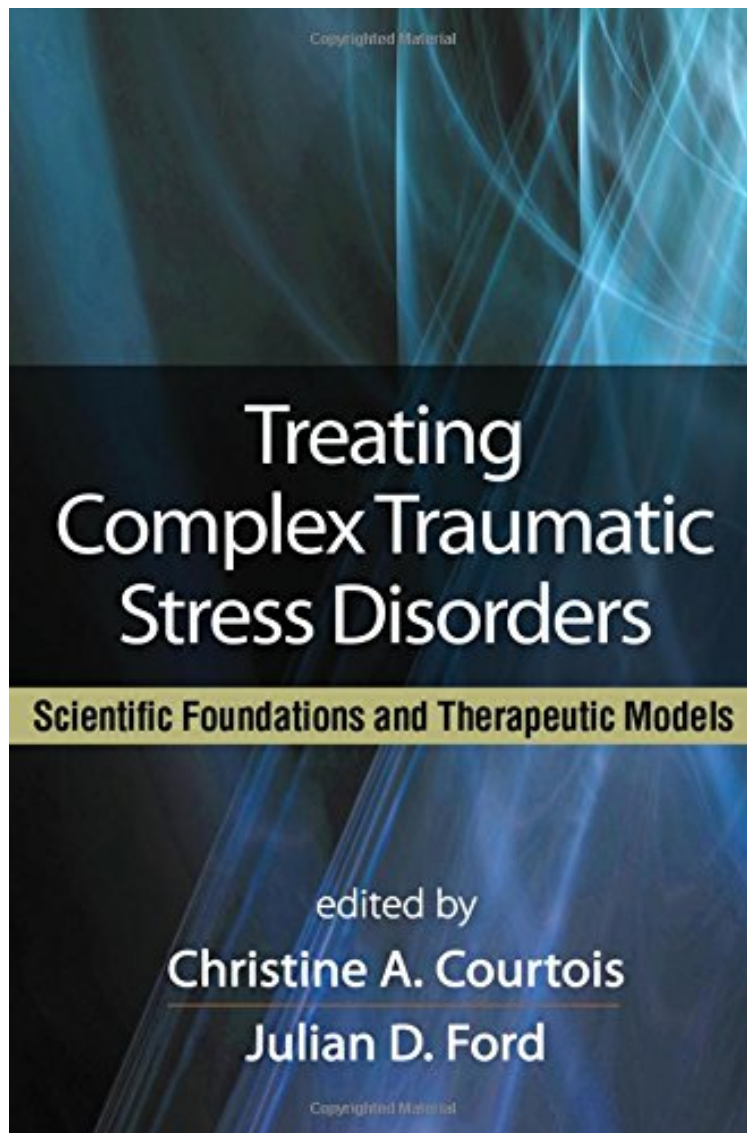


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From The Guilford Press : Treating Complex Traumatic Stress Disorders (Adults): Scientific Foundations and Therapeutic Models before purchasing it in order to gauge whether or not it would be worth my time, and all praised Treating Complex Traumatic Stress Disorders (Adults): Scientific Foundations and Therapeutic Models:

10 of 10 people found the following review helpful. Comprehensive and Interesting By sciencenerdI am not a

practitioner, but a well-educated, research-oriented consumer. This is a really thorough and comprehensive series of reviews of current treatment practices in the trauma field. Each chapter is a stand-alone review on a particular focus, and chapters are grouped together when they concern similar treatment modalities. It's quite a bit to wade through in a sitting, but if the reader were not interested in all types and areas of treatment, he/she could read just the chapters of interest. The summaries are generally quite good, with good background material, and lots of references for the ambitious to find more to read on the topic. I appreciated that they summarize research in the field, and acknowledge when good research studies are lacking. I'm sure a practitioner would take a great deal more out of this book, but even non-practitioners with an interest in the material will benefit from this excellent book. Overall, it is well written and interesting to read.

0 of 0 people found the following review helpful. Excellent summary of current think on Complex PTSD By Robert F. Bennett This is an excellent summary of current thinking about Complex PTSD edited by experts in the field, after they had interviewed hundreds of Complex PTSD clients and their therapists. I was sold when they started by stating that the relationship between therapist and client is more important than any technique used. Everybody who works with Complex PTSD survivors should read this book.

0 of 0 people found the following review helpful. Excellent By ALW Arrive on time and in tact.

Combining scientific and clinical perspectives, this volume brings together leading authorities on complex traumatic stress and its treatment in adults. Contributors review the research that supports the conceptualization of complex traumatic stress as distinct from PTSD. They explore the pathways by which chronic trauma can affect psychological development, attachment security, and adult relationships. Chapters describe evidence-based assessment tools and an array of treatment models for individuals, couples, families, and groups. See also Drs. Courtois and Ford's authored book, *Treatment of Complex Trauma*, which presents their own therapeutic approach for adult clients in depth, and their edited volume *Treating Complex Traumatic Stress Disorders in Children and Adolescents*.

"Courtois and Ford present an essential, comprehensive work for clinicians and researchers. Evidence-based practice recommendations for psychotherapeutic and pharmacological treatment are presented--carefully adapted for those suffering from complex traumatic stress disorders--and a range of treatment models are clearly described. Rich clinical material, and attention to management of the therapeutic alliance, therapist self-care, and other key challenges in working with these clients, make this a most useful and innovative resource."--Josef I. Ruzek, PhD, Director, Dissemination and Training Division, National Center for PTSD "This is the single best source for clinical expertise in complex traumatic stress disorders. Leading clinicians and researchers share a rich array of individual, couple, family, and group therapy models that illustrate basic treatment principles and best practices. Informed by recent research, the contributors cover the developmental and neurobiological background against which to frame essential assessment and treatment issues. Chapters on such pragmatic topics as vicarious traumatization and risk management offer advice on reducing stress for therapists working with these challenging cases."--Frank W. Putnam, MD, Departments of Pediatrics and Psychiatry, Cincinnati Children's Hospital Medical Center "Treatments based on a traditional conceptualization of PTSD are frequently insufficient to address the diverse, long-lasting, and pervasive effects of complex trauma. This book offers a comprehensive review of treatment considerations, assessment measures, best practices, and evidence-based treatment approaches specifically tailored for psychotherapy with people who have experienced prolonged abuse and neglect by caregivers. An indispensable guide for any mental health professional who works with trauma survivors."--Pamela C. Alexander, PhD, Senior Research Scientist, Wellesley Centers for Women