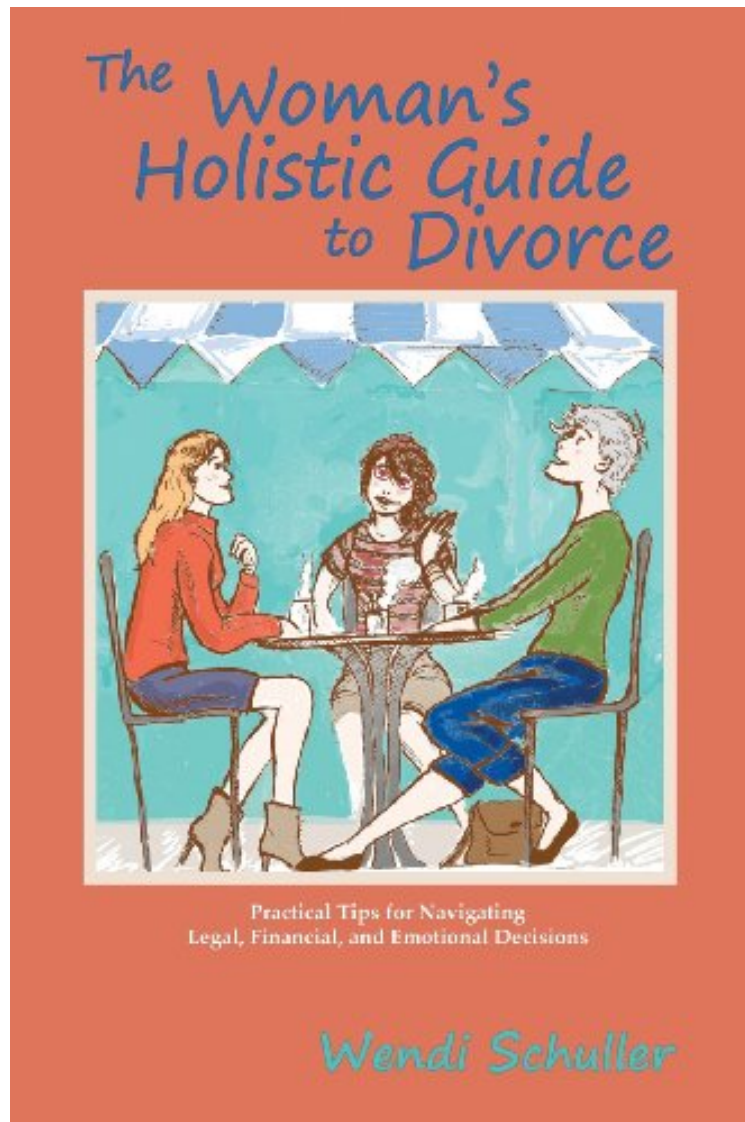


(Download) The Woman's Holistic Guide to Divorce

The Woman's Holistic Guide to Divorce

Wendi Schuller

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Wendi Schuller : The Woman's Holistic Guide to Divorce before purchasing it in order to gage whether or not it would be worth my time, and all praised The Woman's Holistic Guide to Divorce:

0 of 0 people found the following review helpful. A Great Book!By Living in Santa FeThe Womans Holistic Guide to Divorce is a compressive book to the ins and outs of divorce that is filled with valuable advice and tips. I wish I had had this book when I was going through my divorce. It offers various legal options that your Lawyer may not know about and presents practical suggestions for surviving everyday life while going through, to moving beyond your divorce. A valuable book to have on hand to give to co-workers, friends or other family members that are getting

divorced.C.J. Jasmine0 of 0 people found the following review helpful. Ultimate guide book for women thinking about divorceBy PattyD.This book is the ultimate guide for any woman even considering divorce. Many facets of divorce are explained and examples are given so one can see other women's successes or failures in dealing with different issues. Wendi Schuller has such a keen insight into the entire divorce process as well as matters that women may not consider when going through such an emotional time in her life. There are so many tips ranging from children of divorce, effect on pets, beauty tips for the toll that divorce takes on a woman's body in addition to dealing with relatives, friends and co-workers. When reading the book, you feel as though you have a 'best friend' going through it with you guiding you every step of the way. A definite must for all women going through divorce or changes in their life.2 of 2 people found the following review helpful. Wise and compassionate!By Elaine Pinkerton ColemanA handy guide to answer your divorce questions. The friendly, authoritative tone of The Women's Holistic Guide to Divorce makes it particularly valuable for women going through this difficult life change. It is upbeat, down-to-earth, and comprehensive. In a lucid and detailed manner, Ms. Schuller covers the gamut of divorce issues, including legal matters, surviving holidays, children and pets, decluttering, and letting go. One of my favorite sections is on happiness and positive change.

A result of the author's own experience finding her way through a particularly traumatizing divorce, this guide includes the usual self-help aspect as well as stories and advice that other women were willing to share with the author to help any woman sail through a turbulent time. Offering a fresh and uncommon perspective beyond the already long list of books on divorce that focus on getting through a break up's emotional toll or how to deal with children, the book's usefulness covers a comprehensive list of solutions to challenges that arise from attorneys offering legal and financial advice to saving on cosmetics and holiday gifts. There is a practical list of household hints as well as methods for helping kids get through such an upsetting period and ways to confront health issues that arise as a result of a stressful time. The author stresses the importance of such a life transition and how this guide can be a safety net providing a myriad of suggestions that help women move from a victim status to regaining their strength of inner peace and wisdom. Every woman who finds herself in the middle of a break up will find this the ideal all-inclusive companion for moving on.

About the AuthorWendi Schuller draws upon her knowledge as a nurse, Neuro-Linguistic Programmer (NLP), and hypnotherapist, providing a blueprint to guide women through this difficult transition. Schuller hired an attorney for a court divorce, but decided to go the collaborative route instead and has worked with a mediator post-divorce. Her passion is international travel and she devised savvy cost-cutting measures to achieve this dream. Schuller worked in the public schools and observed firsthand the effects of divorce on children. Her aim is to have families experience a smoother divorce, keeping their sanity intact and obtaining the healthiest outcome possible.