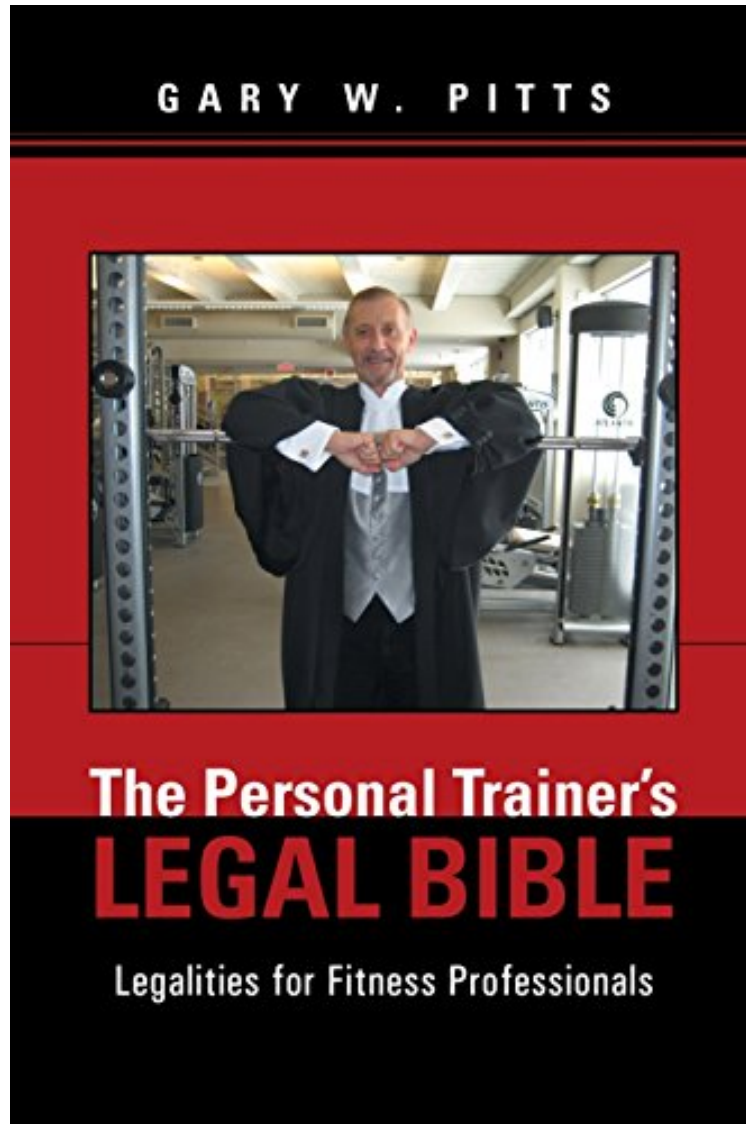


(Download pdf) The Personal Trainer's Legal Bible: Legalities for Fitness Professionals

# The Personal Trainer's Legal Bible: Legalities for Fitness Professionals

Gary W. Pitts

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#6283080 in Books Gary W Pitts 2014-01-07 2014-01-07Original language:EnglishPDF # 1 9.00 x 1.28 x 6.00l, 1.65 #File Name: 1491717572568 pagesThe Personal Trainer s Legal Bible Legalities for Fitness Professionals | File size: 31.Mb

**Gary W. Pitts : The Personal Trainer's Legal Bible: Legalities for Fitness Professionals** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Personal Trainer's Legal Bible: Legalities for Fitness Professionals:

1 of 1 people found the following review helpful. INFORMATIVE, INSPIRING, MOTIVATINGBy Joseph Leon

Dore This is an easy, understandable, informative and inspiring review of the needs and of the dangers of exercising through the help of personal trainers. It is also a great guide for personal trainers themselves.

PERSONAL TRAINERS are not just fitness professionals; they could be the saviours of the global health-care system-life changers. As pioneers in this budding field in the health and wellness industry, trainers face misinformation and myths about the fitness industry. What's more, due to negative portrayal in the media, the common perception of personal trainers is less than stellar. This situation, coupled with the relative lack of regulation, means that there are many legal issues that you must be aware of in order to stay safe in your day-to-day practice. As is the case for any practitioner of a health-related profession, you must be aware of the legal ramifications of your decisions and advice. But the legal education provided to personal trainers is virtually nonexistent. In this guidebook, author Gary Pitts, a master strength coach and Canada's premier fitness lawyer, provides the knowledge you need for your practice. Following the principles of MISS (make it simple, stupid), Gary has compiled information on the entire spectrum of fitness-specific legal issues, most of which are largely unknown or misunderstood by even the most seasoned veterans in the personal training industry. If you're serious about your personal training career, explores these important issues and start building your protective legal strategies now.

About the Author GARY W. PITTS, BA, BCL, Sports Fitness lawyer, Quebec licensed since 1974; with more than 35 years litigation experience; 10 years experience as a strength coach, holder of World-class certifications; FMS (Functional Movement Systems II); CGFI (Certified Golf Fitness Instructor) from TPI (Titleist Performance Institute), SwingLink, (CGFP) Certified Golf Professional, YMCA, Can-Fit-Pro, more. He is also a nutritionist and World-class presenter.