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# The Law Of Life And Human Health

*Dr. George R. Clements*

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**Dr. George R. Clements : The Law Of Life And Human Health** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Law Of Life And Human Health:

1 of 1 people found the following review helpful. Powerful stuff...By Ernie OdomAlthough the print in this book is small, the wisdom it contains is super large. If you are really serious about your health, spend the money and get this book. The author is able to explain in very simple language the root cause of bad health and what can be done to correct things without spending large sums of money on pills and medicine. Don't complain about the price... You probably spent more than five times this amount on your cell phone.

Published in 1926 this book was one of the first of George Clements', also known as Hilton Hotema, addressing health and natural hygiene. Clements actually understood the benefits of using all of the tools that Mother Nature has provided for us to stay happy and healthy. By studying this manual and applying the common sense information the man has shared with the world you can also stay in good physical/mental condition.