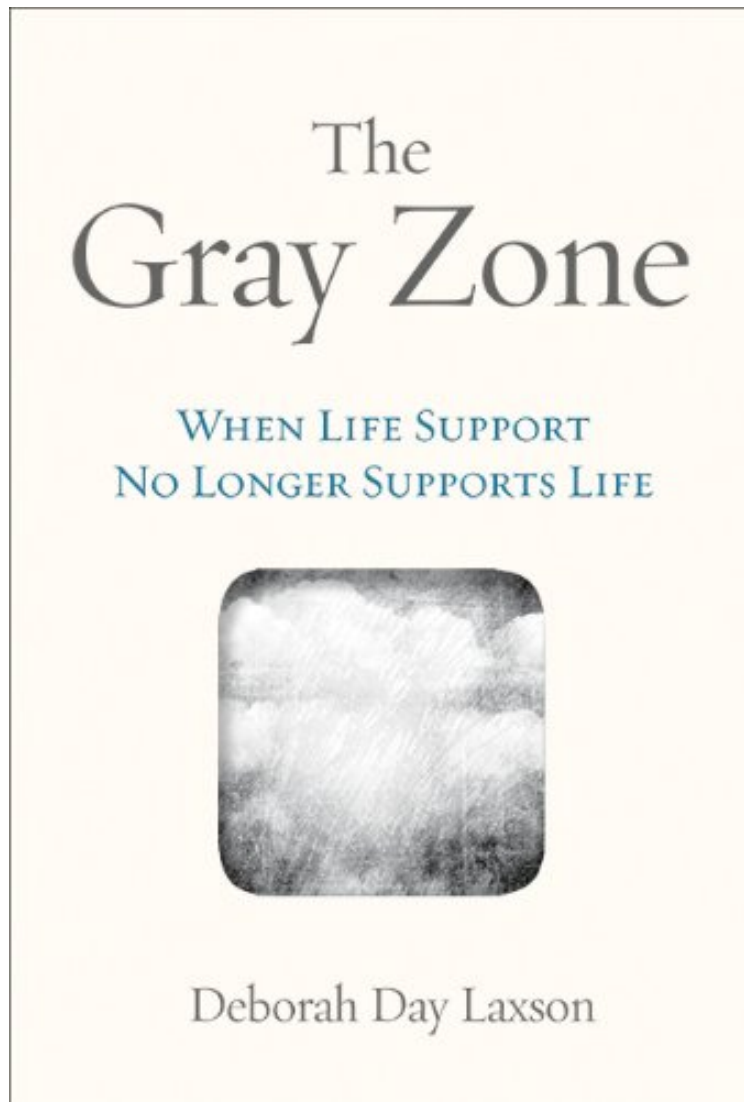


(Free pdf) The Gray Zone

The Gray Zone

Deborah Laxson

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Deborah Laxson : The Gray Zone before purchasing it in order to gage whether or not it would be worth my time, and all praised The Gray Zone:

1 of 1 people found the following review helpful. A must readBy BenHave you been asked to be a health care agent for a friend or family member? Then this is the book for you.This touching, personal story covers what it is like to be in charge of someone who is on life support. You are stuck in the gray zone, not know if the medical care is saving their life or prolonging their death.This book is a quick read with plenty of solid information. Most importantly, it dives in the emotional costs and feelings that happen when this horrible situation is shoved on you.0 of 0 people found

the following review helpful. A must read!By Karen ZimmerA must read for anyone considering being a loved one's health care agent. Deborah's moving personal experience and thought provoking questions to ask yourself when making the decisions when life support no longer supports life.0 of 0 people found the following review helpful. Very goodBy ShawnShort and to the point .. made me understand things better and see things in a different way. Makes me feel not so confused on it all.

The patient is no longer able to speak, and you're responsible for making medical decisions..... It's that fuzzy place where it's not clear if life-support measures are really supporting life and allowing the body to heal, or only masking the reality that death is inevitable. The medical staff gives you options and possible treatments, and then they look expectantly to you. When do you let go and stop? When is enough, enough? You make decisions based on what you know from your medical team and what you know about your loved one's definition of quality of life. You do the best you can. You're in The Gray Zone. It's a really lonely place to be.

About the AuthorDeborah Day Laxson has held professional positions in the banking and healthcare related industries for the last 30 years. She and her late husband are blessed with 6 children, 12 grandchildren and 2 great grandchildren. She devotes her time giving back to the community and speaking to groups and organizations near her home in St. Cloud, Minnesota.