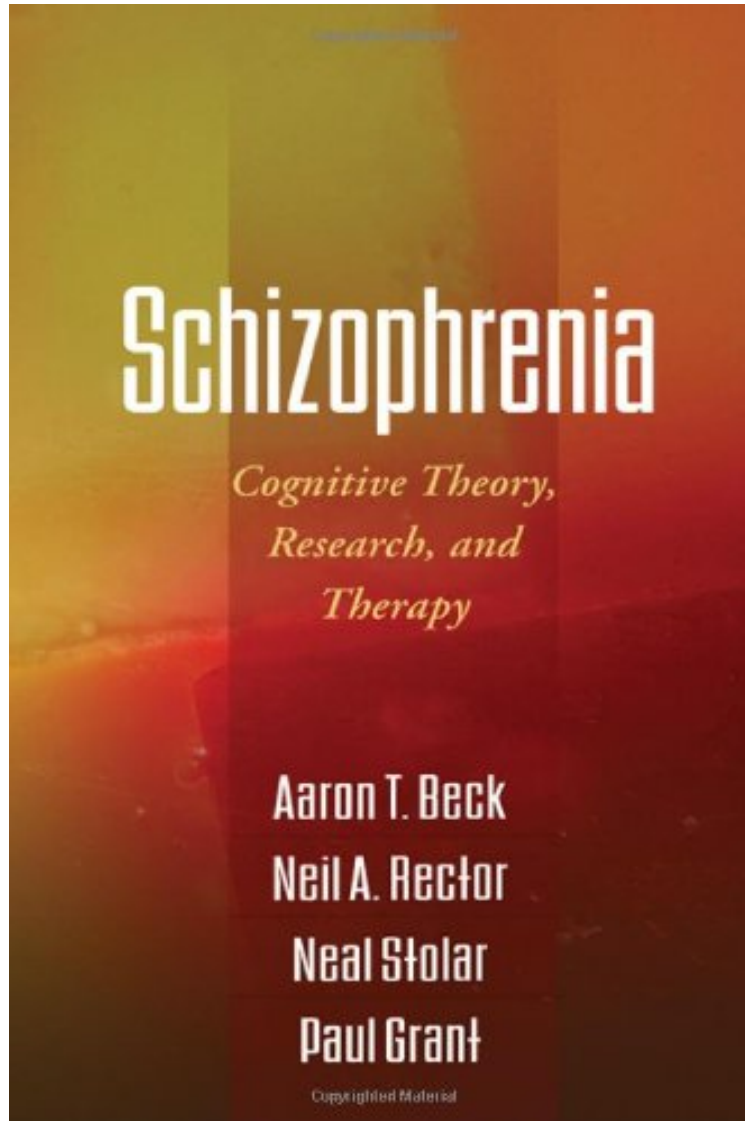


Schizophrenia: Cognitive Theory, Research, and Therapy

Aaron T. Beck, Neil A. Rector, Neal Stolar, Paul Grant
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#587363 in Books 2011-03-14 Original language: English PDF # 1 9.25 x 6.25 x 1.00l, 1.27 #File Name: 1609182383418 pages | File size: 41.Mb

Aaron T. Beck, Neil A. Rector, Neal Stolar, Paul Grant : Schizophrenia: Cognitive Theory, Research, and Therapy before purchasing it in order to gauge whether or not it would be worth my time, and all praised Schizophrenia: Cognitive Theory, Research, and Therapy:

3 of 3 people found the following review helpful. THE book to read if treating schizophrenia, or if you're just researching By ApocryphalMe Let's be clear, this is a book not written for the lay person. This is a serious clinical text, and it is on the cutting edge of schizophrenia treatment. This book does an amazing job of advancing the idea that there are therapeutic steps that can be taken, aside from/in addition to psychotropic medication. Unfortunately, this is

not as widely-held an idea as perhaps it should be, and I point those who make the argument that "nothing but meds work" towards this book (as well as another by Kingdon and Turkington, though this one is more up to date). This book does well to point out the research on the heterogeneous factors for underlying etiology of the disorder, as well as clear cognitive conceptualizations for many of the most common symptoms (delusions, hallucinations, etc.). In addition, it provides guidelines for how one might begin to conduct therapy with this population. If you are to pick up one book on the treatment of this horrid disorder, this is the one to get. 9 of 9 people found the following review helpful. Mastery! By Detroit Doc Beck et al. not only provide an excellent, clinically oriented assessment of CBT, but they also provide an incredible discussion on the pathology, etiology, neuropsychiatry of schizophrenia that I've never before seen. It is clear, concise, and very easy to understand. Other authors tend to get wrapped up in the minutia of neuropsychiatry, but not these! I was amazed at how much better I understood schizophrenia after reading just the first few opening chapters. 1 of 1 people found the following review helpful. Excellent information re: treatment of Schizophrenia By Anne C. Kennedy Current research and theory were well integrated into a format for clinical treatment. This book is theoretically sound, but readable and useful as a reference.

From Aaron T. Beck and colleagues, this is the definitive work on the cognitive model of schizophrenia and its treatment. The volume integrates cognitive-behavioral and biological knowledge into a comprehensive conceptual framework. It examines the origins, development, and maintenance of key symptom areas: delusions, hallucinations, negative symptoms, and formal thought disorder. Treatment chapters then offer concrete guidance for addressing each type of symptom, complete with case examples and session outlines. Anyone who treats or studies serious mental illness will find a new level of understanding together with theoretically and empirically grounded clinical techniques.

"Synthesizing research on the psychology and biology of schizophrenia, Beck et al. show how a cognitive approach can be used to understand and treat even the most severely ill patient. This book is a masterpiece that challenges conventional thinking and describes one of the most exciting developments in psychiatry today. It is essential reading for all mental health professionals." --Richard Bentall, PhD, Professor of Clinical Psychology, University of Bangor, UK